



# Spring Safety EXPO

**Wednesday, April 2, 2014**

**Expo: 10:30 a.m.-12:30 p.m.**

**Lunch open 11:45 a.m.-12:45 p.m.**

**Bingo following lunch**

- Medication Safety
- Food Safety
- Community Safety
- Fire Safety
- Fall Prevention
- Blood Pressure Screening
- Medication Reviews (bring a list of medications and dosages or the actual medicine bottles)
- Medication Bingo
- Box Lunch (must reserve by Tuesday, March 25, see cost below)

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## **Urbana Senior Center**

**9020 Amelung Street, Frederick, MD 21704**

(located on the lower level of the Urbana Regional Library)

301-600-7020 • [UrbanaSeniorCenter@FrederickCountyMD.gov](mailto:UrbanaSeniorCenter@FrederickCountyMD.gov)

[www.FrederickCountyMD.gov/aging](http://www.FrederickCountyMD.gov/aging)

Lunch cost: under the age of 60 full cost \$5.00

60 years old or older suggested donation \$5.00